

Free Healthy Start vitamins available for breastfeeding women, post natal women, infants and children up to their 3rd birthday.

Access to free sanitary provision available.




Whitlawburn Community Resource Centre would like to thank the following for their support:



Whitlawburn Community Resource Centre is a Scottish charity and a company limited by guarantee.  
Scottish Charity Number: SC029510. Registered in Scotland.



Whitlawburn Community Resource Centre 

# WHAT'S ON SUMMER 2025



57 Belmont Road  
Cambuslang  
Glasgow, G72 8PG  
0141 641 5005

[reception@whitlawburncrc.org.uk](mailto:reception@whitlawburncrc.org.uk)



Whitlawburn Community Resource Centre is  
supported by West Whitlawburn Housing Co-operative

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### Whitlawburn Food Co-operative

Run by local volunteers providing affordable fresh produce and food items to the local community.

We are based in the centre and run every **Wednesday from 10am - 1pm.**

Food items will vary week to week depending on stock we receive, and a “shop” costs only £3.

If you would like any further information or may like to volunteer with the Food Co-op please contact Claire on 0141 641 5005 or email [claire@whitlawburncrc.org.uk](mailto:claire@whitlawburncrc.org.uk)

What we do 



### Whitlawburn Energy Advice Service & Digital Inclusion I.T. Service

We have a dedicated Energy Advisor based in the centre to ensure you live in a cosy home while keeping costs to a minimum through efficiency use.

Book an appointment to receive help with your energy bills, register on the Priority Register or support with carbon monoxide monitors. Appointments are on **Mondays 11am - 4pm, Wednesdays 10am - 1pm & Fridays 11am - 4pm.** Call Fiona today to book your appointment.

The Digital I.T. Service offers FREE access to computers & internet. Drop-in times: **Wednesdays 10am - 1pm, Mondays & Fridays 11am - 4pm.**

For more information contact Fiona either on 0141 641 5005 or email [fiona@whitlawburncrc.org.uk](mailto:fiona@whitlawburncrc.org.uk)



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### Community Support

The resource centre works hard to support people at different times throughout the year.

Including:

Our Christmas Toy Project - providing families with toys to help with the cost of Christmas.

School uniforms - providing new and recycled school uniforms and blazers.

Energy support - working the WWHC to issue energy vouchers and duvets with bed sets to help keep households warmer.

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### Regen:fx Youth Trust



Based within Whitlawburn Community Resource Centre.

Contact:  
Email: [kim@regenfxyouthtrust.org](mailto:kim@regenfxyouthtrust.org)  
Tel: **07306 1112 283**

What's on 2025



The SWYDT is all about young people taking the lead and making things happen in your community. We have our own dedicated youth space within the centre which allows us to run a wide range of free, fun activities for young people aged 8-18 years old based on the ideas and feedback we get from local young people.

**Drop-in times:** (Tue - Fri each week) Juniors (age 8yrs - P6) 3.30pm - 5.30pm. Pre-Seniors (P7-S1) 5pm-6.30pm (except Thu). Seniors (S2+) 7pm-8.30pm.



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### Duke of Edinburgh Awards & Community Awards for All (CAFA)

Based within Whitlawburn Community Resource Centre.

Contact:  
Email: [catkin.dofe.centre@gmail.com](mailto:catkin.dofe.centre@gmail.com)  
Tel: **07740 984 125 / 07856 596 054**

A community-led and volunteer ran youth and family centre who offer a wide range of indoor and outdoor activities for FREE. P7 and up from 3pm.

13-25 year olds can do a DofE programme at one of three progressive levels which, when successfully completed, leads to a Bronze, Silver or Gold Duke of Edinburgh Award. Other awards include the John Muir and Dynamic Youth.



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**UTD Sports** Based within Whitlawburn Resource Centre.

Contact Chris : Tel: **07738 305 195**

Email: [info@utd-sports.co.uk](mailto:info@utd-sports.co.uk)

UTD Sports is your hub for all sports. They have expert coaches in football, basketball, athletics, golf, gymnastics, dance and much more.

Their “Young Stars” party packages are suitable for kids of all ages, are great fun and ensure your child’s day is one that is stress free and memorable.

All members of staff hold current PVG memberships and are screened to the highest level to ensure coaching standards are high and the customer has a great experience.





### Citizen Advice Bureau

Rutherglen & Cambuslang Citizens Advice Bureau run an outreach clinic within Whitlawburn Community Resource Centre every Thursday & Friday. Appointments are 10am, 11am, 1pm & 2pm.

The clinic can offer advice and guidance on the following subject matters. Benefit advice/checks; utility/energy support, family issues, housing issues, cost-of-living and debt advice.

For an appointment to see an advisor, contact the bureau directly on **0141 646 3191**.

PLEASE NOTE ADVICE CANNOT BE GIVEN OVER THE TELEPHONE ON THE ABOVE NUMBER.



### The Trussell Trust Rutherglen & Cambuslang Foodbank

The opening times and distributions centres.



- **Mondays** - 12.30pm - 2.30pm - Rutherglen Baptist Church
- **Tuesdays** - 6pm - 7.45pm - Whitlawburn Community Resource Centre
- **Thursdays** - 12.30pm - 2.30pm - Rutherglen Baptist Church
- **Fridays** - 12.30pm - 2.30pm - Cambuslang Baptist Church

To speak to someone about the Foodbank call 07745 038 795.

### The Beauty Den



The Beauty Den, Hair, Nails and Beauty Salon. Located at the bottom of Arran Tower, G72 8LW. Call 07427 572 056 to book an appointment.



The resource centre is your community centre and the services and activities that take place here are community led and guided by you.

### In the last 12 months we have:

- Delivered a twice weekly food co-operative, promoting food dignity in our local area. 40 people attend each week.
- 25 duvets and bed sets to issue to support people through the energy crisis.
- Delivered 4 online cooking classes with 49 people completing.
- Held a children's Christmas party, with over 106 children attending.
- 89 children received toy parcels at Christmas.
- 446 received Aldi food vouchers.
- 240 funded places allocated to local children at our holiday sports camps.
- 250 clients visits to our Digital Inclusion I.T. Hub.
- 56 families have received school uniform support.
- 58 art packs issued to children for our arts & crafts groups.
- 84 attended the Winter Warmer Land event.
- 6 volunteers between our community shop and Friday coffee morning.
- A regularly used Warm Hub for people to access to try and help them reduce their own heating bills especially over the colder months.

### **Volunteering**

If you have some spare time to give and are looking to get more involved in what we do, then please get in touch.

You could:

- Helping the Food Co-op.
- Help deliver activities in our Warm Hub (knitting, arts & crafts etc).
- Help out at events.
- Join the committee.

### **Come in and join us!**

Room and hall hire are available within the centre for meetings, events, classes or private functions.

Or if you would like to start or bring a new group to the centre please contact Claire or Elizabeth on 0141 641 5005 or email [reception@whitlawburncrc.org.uk](mailto:reception@whitlawburncrc.org.uk)



## MONDAY

9am - 2pm **Moo Music Toddlers Class** - Contact Samantha 07464 934 396  
 10am - 2pm - **Camglen Buddies** - Contact Jackie 07899 347 149  
 11am - 4pm - **Energy Advice Service** -  
 Contact Fiona to book an appt. on 0141 641 5005  
 11.30am - 1.30pm - **Men's Group** - Contact Fiona 0141 641 5005  
 5pm - 6pm - **U.T.D. Sports Under 5s Football** - Contact Chris 07738 305 195  
 5.30pm - 7.30pm - **A.J. Dance** - Contact Jennifer 07584 483 861  
 6.30pm - 7.30pm - **Coach Fulton Fitness Class** - Contact 0141 641 5005

## TUESDAY

11am - **Walking Group** - Contact Claire 0141 641 5005  
 12pm - 2pm (3rd Tuesday of the month) - **More Than Fibro Support Group**  
 - Contact Amanda 07858 911 336  
 5.30pm - 7pm - **A.J. Dance** - Contact Jennifer 07584 483 861  
 6pm - 7.45pm - **Rutherglen & Cambuslang Foodbank** -  
 Contact 07745 038 795

## WEDNESDAY

10am - 2.45pm - **Wild & Free Baby Group** - Contact Nicola 07413 558 097  
 10am - 1pm - **Energy Advice Service** -  
 Contact Fiona to book an appt. on 0141 641 5005  
 10am - 1pm **Food Co-op** - Contact Claire 0141 641 5005  
 10am - 1pm - **Whitlawburn Digital Inclusion Service Drop-in** -  
 Contact Fiona 0141 641 5005  
 4.30pm - 6.30pm - **Limitless Dance Company** -  
 Contact Chloe 07412 451 155  
 5pm - 6pm - **REACH Lanarkshire Autism** - Contact 0141 641 0068  
 7.30pm - **Whitlawburn Community Christian Fellowship - Prayer & Bible Study** - Contact Chris via text 07734 167 535



## THURSDAY

10am - 2pm - **Camglen Buddies** - Contact Jackie 07899 347 149  
 10am - 3pm - **Cambuslang & Rutherglen C.A.B.** -  
 (by appointment only) 0141 646 3191  
 11am - 12.30pm - **Little Rascals Baby & Toddler Group** -  
 Contact Claire 0141 641 5005  
 5.30pm - 7.30pm - **A.J. Dance** - Contact Jennifer 07584 483 861  
 7pm - 8pm - **United Karate Class** - Contact 07807 172 843

## FRIDAY

10am - 3pm - **Cambuslang & Rutherglen C.A.B.** -  
 (by appointment only) 0141 646 3191  
 11am - 4pm - **Energy Advice Service** - (also available at the Coffee Morning)  
 Contact Fiona to book an appt. on 0141 641 5005  
 11am - 1pm - **Friday Coffee Morning @ the Warm Hub** -  
 Contact Claire/Elizabeth 0141 641 5005  
 (Check our monthly Upcoming Events poster for the latest activities)  
 12pm - 2pm - **Richmond Fellowship** - Contact 0141 641 5005  
 3pm - 7pm - **Duke of Edinburgh** - Contact Cheryl 07740 984 125 &  
**CAFA (Community Awards for All)** - Contact Laura 07856 596 054  
 5.30pm - 7.30pm - **A.J. Dance** - Contact Jennifer 07584 483 861

## SUNDAY

11am - 2pm - **Whitlawburn Community Christian Fellowship** - Contact Pam  
 English 07578 715 428 / admin@go-wccf.com / Also on Facebook.

### WARM HUB OPENING TIMES

Monday & Thursday 2-5pm, Tuesday, Wednesday & Friday 9am - 5pm