



57 Belmont Road, Cambuslang, Glasgow, G72 8PG.

0141 641 5005

Email: reception@whitlawburncrc.org.uk

WHAT'S ON SPRING 2023

What we do in
Whitlawburn Community
Resource Centre



Whitlawburn Community Resource Centre is supported by
West Whitlawburn Housing Co-operative



What we do

Whitlawburn Food Co-operative

Run by local volunteers providing affordable fresh produce and food items to the local community.



We are based in the centre and run every Wednesday from 10am - 1pm.

Food items will vary week to week depending on stock we receive, and a "shop" is charged at £2.00.

If you would like any further information or may like to volunteer with the Food Co-operative please contact Claire on 0141 641 5005 or email: claire@whitlawburncrc.org.uk

Community Support

The resource centre works hard to support people at different times throughout the year.

Including:

Our Christmas Toy Project — providing families with toys to help with the cost of Christmas.

School uniforms — providing new and recycled school uniforms and blazers.

Food vouchers — funding to allow us purchase food vouchers to issue to local households.

Energy support — working with WWHC to issue energy vouchers and duvets with bed sets to help keep household warmer.

Volunteering

If you have some spare time to give and are looking to get more involved in what we do, then please get in touch.

You could:

- Help in the food co-operative
- Help deliver activities in the Warm Welcome Space (knitting, art & crafts etc.)
- Use your I.T. skills in our Digital Inclusion I.T. Hub.
- Help out at our events.
- Join the committee.

What we do

The Resource Centre is your community centre and the services and activities that take place here are community led and guided by you.

In the last 12 months we have:

- Delivered a weekly food co-operative, promoting food dignity in our local area. 40 people attend each week.
- Issued 50 adult warm packs.
- Issued 200 children's warm packs.
- 300 duvets and bed sets to issue to support people through energy crisis.
- Delivered 3 online cooking classes, with 58 people completing.
- Held a children's Christmas party, with over 100 children attending.
- 97 children received toy parcels at Christmas.
- 285 received Aldi food vouchers.
- 346 funded places allocated to local children at our holiday sports camps.
- 1028 clients contacts through our CAB outreach.
- CAB achieved £58,789 Clients Financial Gains since October 2022.
- 350 client visits to our Digital Inclusion I.T. Hub.
- 13 people attended Digital Inclusion Hub Genealogy course.
- 49 families have received school uniform support.
- 83 art packs issued to children for our Arts and Crafts group.
- Created a Warm Welcome Space for people to access to try and help them reduce their own heating bills over the colder months.

Come and Join us

Room and Hall Hire are available within the centre for meetings, events, classes or private functions.

Or if you would like to start or bring a new group to the centre please contact Claire or Elizabeth on 0141 641 5005 or email reception@whitlawburncrc.org.uk.

WHAT'S ON 2023

MONDAY

10am - 11.30pm - Yoga with Margaret - 0141 641 5005
5pm- 6pm - U.T.D. Sports Under 5's Football - Contact Chris
07738 305 195
5pm - 7pm - A.J. Dance - Contact Jennifer 07584 483 861
6.30pm - 7.30pm - Joanna - METAFIT - 0141 641 5005
6.30pm - 7.30pm - Luke - Coach Fulton Fitness Class -
0141 641 5005 (Starts 12th June)

TUESDAY

9.30am - 1pm Moo Music Toddlers Class -
Contact Samantha 07464 934 396 (Starts 6th June)
5pm - 6.30pm - A.J. Dance - Contact Jennifer 07584 483 861
5.30pm - 7.30pm - REACH Lanarkshire Autism - 0141 641 0068
5.30pm - 8pm—Regen:FX- Contact Kim 07306 112 283
6pm - 8pm - Cambuslang & Rutherglen Foodbank -
07745 038 795

WEDNESDAY

9.30am - 11.30am - Adult Wellbeing for Parents & Carers
(Term Time) - Contact Karen Quinn - 0141 641 6530
10am - 12noon - Annie McLaughlin - Reiki Taster Sessions
(1st Wed of the month) 0141 641 5005 (Starts 7th June)
10am - 1pm - Food Co-op - Contact Claire 0141 641 5005
10am - 2pm - Whitlawburn Digital Inclusion Hub Drop-in -
Job Search, C.V. & I.T. Support - Contact Fiona
0141 641 5005 / 07917 358 788
4.30pm - 5.30pm - REACH Lanarkshire Autism - 0141 641 0068
4.30-6.30pm - A.J. Dance - Contact Jennifer 07584 483 861
6.30-7.30pm - Joanna - METAFIT (Outside) - 0141 641 5005

THURSDAY

10am - 3pm - Cambuslang & Rutherglen C.A.B. -

(by appointment only) 0141 646 3191

11am - 12.30pm - Little Rascals Baby & Toddler Group -

Contact Claire 0141 641 5005

5pm - 6pm & 6pm - 7pm Studio One Dramatic Arts -

Contact Samantha 07999 006 831

6.30pm - 7.30pm - Karate Class - Contact: 0141 641 5005

FRIDAY

10am - 2pm - Whitlawburn Digital Inclusion Hub Drop-in -

Job Search, C.V & I.T. Support - Contact Fiona

0141 641 5005 / 07917 358 788

10am - 3pm - Cambuslang & Rutherglen C.A.B. -

(by appointment only) 0141 646 3191

11am - 1pm - Coffee Morning @ the Warm Welcome Space -

Contact Claire/Elizabeth 0141 641 5005

12.00noon - 2pm - Richmond Fellowship - 0141 643 9749

3.30pm -6pm - Duke Of Edinburgh - 07740 984 125 (Cheryl)

5pm - 7pm - A.J. Dance - Contact Jennifer - 07584 483 861

SUNDAY

10.30am - 2.30pm - Church Group - Contact Pam English

07578 715 428

WARM WELCOME SPACE Monday-Wednesday - 9am - 5pm
Thursday - 1pm - 5pm
Friday - 9am - 5pm

What's on 2023

WHITLAWBURN DIGITAL INCLUSION I.T. HUB



The Digital I.T. Hub offers FREE access to computers, the internet and support. Brush up on your office skills, set up a Universal Credit account, job search, access to Open University, keep in touch with your family and much more.

Near Me — The Hub works with NHS Scotland to support the Near Me project providing FREE space for people to access online health appointments.

For further information on the Hub contact either at the Centre Reception on Tel: 0141 641 5005, Mob: 07917 358 788 email: fiona@whitlawburncrc.org.uk

OPENING TIMES: Wednesdays & Fridays 10am - 2pm — Drop-in



CITIZENS ADVICE BUREAU

Rutherglen & Cambuslang Citizens Advice Bureau run an outreach clinic within Whitlawburn Community Resource Centre. Thursday & Friday. Appointments are 10am, 11am, 1pm & 2pm

The clinic can offer advice and guidance on the following subject matters: Benefits Advice/Checks, Utility/Energy Bill Support, Family Issues, Housing Issues, Cost of Living and Debt Advice.

For an appointment to see an advisor, contact the bureau directly on 0141 646 3191.

PLEASE NOTE ADVICE CANNOT BE GIVEN OVER THE TELEPHONE ON THE ABOVE NUMBER.



The Trussell Trust Rutherglen and Cambuslang **Foodbank opening times and distribution centres:**

Mondays - 12.30 - 2.30pm 2 Kirkwood Street (behind St. Columbkille's Church)

Tuesdays - 6-8pm Whitlawburn Community Resource Centre

Thursdays - 12.30 - 2.30pm 2 Kirkwood Street (behind St. Columbkille's Church)

Fridays - 12.30 - 2.30pm Cambuslang Baptist Church

To speak to some about the Foodbank call 07745 038 795



The Beauty Den, Hair, Nails and Beauty Salon. Located at the bottom of Arran Tower, G72 8LW. Call - 07427 572 056

What's on 2023

	<p>REGEN:FX Based within Whitlawburn Community Resource Centre</p>	
<p>Email: kim@regenfyouthtrust.org Mobile: 07306 112 283</p> <p>The SWYDT is all about young people taking the lead and making things happen in your community. We have our own dedicated youth space within Whitlawburn Community Resource Centre which allows us to run a wide range of free, fun activities for young people aged 8-18 years old based on the ideas and feedback we get from local young people.</p>		
	<p>DUKE OF EDINBURGH Based within Whitlawburn Community Resource Centre Email: cathkin.dofe.centre@gmail.com Mobile: 07740 984 125</p>	
<p>The DoFE is many things to many people, supporting generations to successfully navigate adult life.</p> <p>14-24 year olds can do a DofE programme at one of three progressive levels which, when successfully completed, leads to a Bronze, Silver or Gold Duke of Edinburgh's Award.</p>		
	<p>Contact Chris 07738 305 195 Email: info@utd-sports.co.uk Based within Whitlawburn Community Resource Centre, 57 Belmont Road, Cambuslang, Glasgow, G72 8PG.</p>	
<p>U.T.D. Sports are your hub for all sports. They have expert coaches in football, basketball, athletics, golf, gymnastics, dance and much more.</p> <p>Their "Young Stars" party packages are suitable for kids of all ages, are great fun and ensure your child's day is one that is stress free and memorable.</p> <p>All members of staff hold current valid PVG memberships and are screened to the highest level to ensure coaching standards are high and the customer has a great experience of the sport.</p>		



HAPPY TO TRANSLATE

Should you wish any document or piece of information provided by WCRC translated into Polish, please contact Joanna at the office.
Tel: 0141 641 8628

Jeśli Państwo mają życzenie, aby wybrany dokument lub informacja przekazana przez WCRHC została przetłumaczona na język polski, prosimy o kontakt z Joanną w biurze.

Access to free sanitary provision available.



Whitlawburn Community Resource Centre would like to thank the following for their support:



Whitlawburn Community Resource Centre is a Scottish charity and a company limited by guarantee.
Scottish Charity Number: SCO29510. Registered in Scotland.